

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30th 9:30 ■ Weekend Workout CM 10:00 ■ Coffee Social CM 11:00 ■ Sunday Service w/Dc. Mike CH 1:00 ■ Walking Club 2:00 ■ Summary Poem Of June CM 3:00 ■ Corn Hole in The Courtyard 4:00 ■ Sunday Funnies CY 6:00 ■ Name That Tune CM 7:00 ■ Create Your Own Sundae on Sunday CM		Daily Activities <ul style="list-style-type: none"> 10:00 Coffee & Danish Social 1:00 Walking Club 10:00, 2:00, 7:00 Snacks All programs led by Activity Assistants Blair, Sadayah, Jessica, Norman 	Abbreviation Chart <ul style="list-style-type: none"> CM: Cider Mill KN: Kitchenette CY: Courtyard CH: Chapel 50: 1950's Diner SU: Syracuse Lounge AR: Activity Room All programs are subject to change. Outings TBD 			9:30 ■ Saturday Stretch CM 11:00 ■ Your Pick Bingo KN 2:00 ■ Category Trivia CM 2:00 ■ Ladder Ball CY 3:00 ■ Green Thumbs CY 4:00 ■ Name That Tune CM 6:00 ■ Parachute Fun CM 7:00 ■ Hand Massages with Smooth Jazz
11:00 ■ Sunday Service w/ Dc. Mike CH 2:00 ■ Ladder Ball CY 2:00 ■ Reminisce: Family Sundays CM 3:00 ■ Next Line Please CY 3:00 ■ Trivial Pursuit CM 4:00 ■ Weekend Manicures KN 6:00 ■ Cinema Sunday CM	9:30 ■ Monday Morning Movement CM 11:00 ■ Catching Courtyard Sun CY 11:00 ■ Rosary Group w/ Dc. Mike CH 2:00 ■ Bowling CM 2:30 ■ Musical Guest Jimmy Flynn 3:30 ■ Create Your Own Root Beer Soda Float KN 4:30 ■ Pre-Supper Stretch CM 6:00 ■ Music Bingo '50s 7:00 ■ Riddle Me This CM	9:30 ■ Toe Touch Tuesday CM 10:00 ■ Communion Service CH 11:00 ■ Wedding Songs CM 2:00 ■ Baking Chocolate Cupcakes KN 3:00 ■ Courtyard Games CY 4:00 ■ E Trivia CM 6:00 ■ UNO Challenge CM 7:00 ■ Cupcake Creations CM	Luau Day! 9:30 ■ Hula Dance Exercise CM 11:00 ■ Daily Bread w/ Dc. Mike CH 11:00 ■ Hawaii True Or False? CM 2:00 ■ Luau Party! CM 3:30 ■ Limbo Contest CM 4:30 ■ Views of Hawaii CM 6:00 ■ Tropical Delight KN 7:00 ■ Taste of Hawaii CM	Happy Birthday Deb C! 9:30 ■ Scarf Exercises CM 11:00 ■ Piano Tunes with Dr. Ham CM 11:00 ■ Spiritual Group w/ Dc. Mike CH 1:00 ■ Walking Club 2:00 ■ Ladder Ball CY 3:00 ■ Star Of The Month: Nicole Kidman 3:30 ■ Can You Picture This? CM 4:00 ■ Putting Green CY 6:00 ■ Name That TV Tune CM 7:00 ■ Smooth Jazz and Juice CM	9:30 ■ Friday Fitness CM 11:00 ■ History Of Donuts CM 11:00 ■ Prayers/Devotion w/ Dc. Mike CH 2:00 ■ WW II Donut Girls Happy Hour CM 3:00 ■ Donut Categories CM 4:00 ■ Donut Bingo KN 6:00 ■ Finish The Phrase CM 7:00 ■ Evening Manicures KN	9:30 ■ Saturday Stretch CM 11:00 ■ Your Pick Bingo KN 2:00 ■ Ladder Ball CY 2:00 ■ Scattergories CM 3:00 ■ Seated Soccer CM 4:00 ■ Floral Sponge Painting KN 6:00 ■ Card Club KN 7:00 ■ Music Request Hour CM
11:00 ■ Sunday Service w/ Dc. Mike CH 2:00 ■ 20 Questions CM 2:00 ■ Ladder Ball CY 3:00 ■ Mindful Meditation CM 3:00 ■ Trivial Pursuit CM 4:00 ■ Create A Poem CM 6:00 ■ Cinema Sunday CM	9:30 ■ Monday Morning Movement CM 11:00 ■ Discussion Ball Catch & Chat CM 11:00 ■ Rosary Group w/ Dc. Mike CH 1:00 ■ Walking Club 2:00 ■ Parachute Fun CM 3:00 ■ Summer Sing Along CM 4:00 ■ Trivia Challenge CM 6:00 ■ Bingo Bonanza KN 7:00 ■ Creative Movement CM	9:30 ■ Toe Touch Tuesday CM 10:00 ■ Communion Service CH 1:00 ■ Walking Club 2:00 ■ Annual Antique Car Show Outdoors 2:30 ■ Musical Guest Jerry Cali 3:30 ■ Finish The Phrase CM 4:00 ■ Bowling 6:00 ■ Corn Hole Toss CY 7:00 ■ Creative Colors on Cars KN	9:30 ■ Hula Dance Exercise CM 11:00 ■ Daily Bread w/ Dc. Mike CH 11:00 ■ Piano Tunes with Dr. Ham CM 1:00 ■ Walking Club 2:00 ■ Courtyard Games CY 3:00 ■ Fresh Squeezed Lemonade KN 4:00 ■ Lemonade Taste Test CM 6:00 ■ Name That Instrument CM 7:00 ■ Mindful Meditation CM	9:30 ■ Scarf Exercises CM 11:00 ■ Spiritual Group w/ Dc. Mike CH 11:00 ■ This Day In History CM 1:00 ■ Walking Club 2:00 ■ Flag Day Art KN 3:00 ■ Parachute Fun CM 4:00 ■ Trivia In The Courtyard CY 6:00 ■ Can You Picture This? CM	Happy Birthday Penny A! 9:30 ■ Friday Fitness CM 11:00 ■ Prayers/Devotion w/ Dc. Mike CH 11:00 ■ Star Spangled Banner History CM 12:00 ■ Relax, Refresh & Rewind CM 1:00 ■ Walking Club 2:00 ■ Flag Day Trivia CM 2:30 ■ Happy Hour: Live Music by Geoff 3:30 ■ Flag Day Creative Art KN 6:00 ■ Stars & Stripes Songs CM 7:00 ■ Relax, Refresh & Rewind CM	Happy Birthday George A & Rosemary R! 9:30 ■ Saturday Stretch CM 11:00 ■ Your Pick Bingo KN 2:00 ■ Ladder Ball CY 2:00 ■ Root Beer & Popcorn Social CM 3:00 ■ Junk Drawer Detective CM 4:00 ■ Guys Group SU 6:00 ■ Name That Tune CM 7:00 ■ Green Thumbs CY
Happy Father's Day! Happy Birthday Edwin P! 11:00 ■ Sunday Service w/ Dc. Mike CH 2:00 ■ Horseshoe Pitch CY 2:00 ■ Ladder Ball CY 3:00 ■ Father's Day Tribute CM 3:00 ■ Trivial Pursuit CM 4:00 ■ Father's Day Word Challenge CM 6:00 ■ Sunday Cinema: Father Of The Bride CM	9:30 ■ Monday Morning Movement CM 11:00 ■ Dr. Ham on The Piano CM 11:00 ■ Rosary Group w/ Dc. Mike CH 1:00 ■ Walking Club 2:00 ■ Comedy Club CM 2:30 ■ Musical Guest Sidney 3:30 ■ Bowling CM 6:00 ■ Finish Lines CM 7:00 ■ Evening Stroll Outdoors	Happy Birthday Janet J! 9:30 ■ Toe Touch Tuesday CM 10:00 ■ Communion Service CH 11:00 ■ Discussion Ball Catch & Chat CM 1:00 ■ Walking Club 2:00 ■ Making Banana Cream Pie KN 3:00 ■ Ladder Ball CY 4:00 ■ Pre-Supper Stretch CM 6:00 ■ Songs Of The '60s CM 7:00 ■ Mindful Meditation CM	Juneteenth 9:30 ■ Hula Dance Exercise CM 11:00 ■ Daily Bread w/ Dc. Mike CH 11:00 ■ History Of Juneteenth CM 1:00 ■ Walking Club 2:00 ■ Famous Black Musicians CM 3:00 ■ Miss Juneteenth CM 4:00 ■ Courtyard Comedy Club CY 6:00 ■ Bingo Bonanza KN 7:00 ■ Charades CM	Walk to End Alz Kick-Off. Happy Birthday Liz R! 9:30 ■ Scarf Exercises CM 11:00 ■ Spiritual Group w/ Dc. Mike CH 11:00 ■ The Longest Day CM 1:00 ■ Kick Off Walk To End Alzheimer's 2:00 ■ Finish The Phrase CM 2:30 ■ Musical Guest John V 4:00 ■ If . . . CM 6:00 ■ Songs Of The 70's CM 7:00 ■ Forget Me Not Watercolors KN	9:30 ■ Friday Fitness CM 11:00 ■ Jeopardy CM 11:00 ■ Prayers/Devotion w/ Dc. Mike CH 1:30 ■ Jilissa LIVE 2:30 ■ Happy Hour 50 3:30 ■ Putting Green CY 6:00 ■ Name That TV Tune CM 7:00 ■ Evening Stroll Outdoors	9:30 ■ Saturday Stretch CM 11:00 ■ Your Pick Bingo KN 2:00 ■ Ladder Ball CY 2:00 ■ Parachute Fun CM 3:00 ■ Paint & Sip KN 4:00 ■ Music Trivia CM 6:00 ■ 20 Questions CM 7:00 ■ Relax, Refresh & Rewind CM
9:30 ■ Weekend Workout CM 11:00 ■ Sunday Service w/Dc. Mike CH 1:00 ■ Walking Club 2:00 ■ Ladder Ball CY	9:30 ■ Monday Morning Movement CM 11:00 ■ Dr. Ham on The Piano CM 11:00 ■ Rosary Group w/ Dc. Mike CH 1:00 ■ Walking Club 2:30 ■ Musical Guest Blair F 3:30 ■ Creative Word Challenge CM 4:30 ■ Name That Tune CM 6:00 ■ Bingo Bonanza KN 7:00 ■ Stress Free Scentsations CM	National Dairy Month 9:30 ■ Toe Touch Tuesday CM 10:00 ■ Communion Service CH 11:00 ■ Dairy Did You Know? CM 1:00 ■ Walking Club 2:00 ■ Dairy Month Taste Test 3:00 ■ Say Cheese!!! CM 4:00 ■ Butter Sculpture History CM 6:00 ■ Comedy In The Courtyard CY 7:00 ■ Yogurt Parfaits CM	Happy Birthday Johnny G! 9:30 ■ Hula Dance Exercise CM 11:00 ■ Daily Bread w/ Dc. Mike CH 11:00 ■ Next Line Please CY 1:00 ■ Walking Club 2:30 ■ Musical Guest Mike R 3:30 ■ Parachute Fun CM 4:30 ■ Did You Know? CM 6:00 ■ Charades CM 7:00 ■ Smooth Jazz and Juice CM	9:30 ■ Scarf Exercises CM 11:00 ■ Piano Melodies by Dr. Ham CM 11:00 ■ Spiritual Group w/ Dc. Mike CH 1:00 ■ Walking Club 2:00 ■ Making Strawberry Shortcake KN 3:00 ■ Strawberry Shortcake Social CM 4:00 ■ Bowling CM 6:00 ■ Summer Scentsory Stimulation CM 7:00 ■ Soothing Songs & Stars CY	9:30 ■ Friday Fitness CM 11:00 ■ Fast Friday Funnies CM 11:00 ■ Prayers/Devotion w/ Dc. Mike CH 1:00 ■ Walking Club 2:00 ■ Happy Hour 50 3:00 ■ Finish The Phrase CM 4:00 ■ Canvas Creations KN 6:00 ■ Name That TV Tune CM 7:00 ■ Relax, Refresh & Rewind CM	9:30 ■ Saturday Stretch CM 11:00 ■ Your Pick Bingo KN 1:00 ■ Walking Club 2:00 ■ Ladder Ball CY 3:00 ■ Giant Word Challenge CM 4:00 ■ Guys Group SU 6:00 ■ Sun Catcher Craft KN 7:00 ■ Massage & Manicures KN
23 Continued 2:00 ■ Ladder Ball CY 3:00 ■ Trivial Pursuit CM 4:00 ■ Remember When? CM 6:00 ■ Sunday Cinema With Popcorn CM						