

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Events Are Subject to Change</p>						National Game Show Day 1 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Lower Body Conditioning 10:30 ■ Parachute Toss 1:00 ■ Family Feud Game 1:30 ■ Jeopardy 2:00 ■ Nails & Details 3:00 ■ Are You Smarter Than a 5th Grader? 4:00 ■ Evening Exercise
National Rocky Road Day 2 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Jazzercise 10:30 ■ Balloon Tennis! 11:15 ■ Cranium Crunches! 1:00 ■ Sing Your Praises 2:00 ■ Ice Cream Social! 2:30 ■ Play Ball - Ball Toss 3:00 ■ Walking Group 3:30 ■ Bingo! 4:00 ■ Evening Exercise 	National Repeat Day 3 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Driving Around Delmarva 10:30 ■ Balance & Posture Exercise 11:15 ■ Cranium Crunches! 1:00 ■ Celery Flower Stamping Craft 2:00 ■ Peanut Butterscotch Birds Nest Edible Craft 3:00 ■ Cornhole Toss Game 4:00 ■ Evening Exercise 	National Old Maids Day 4 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Get Fit with Britt! 10:30 ■ Parachute Toss 11:15 ■ Cranium Crunches! 1:00 ■ Old Maid Card Game 1:30 ■ Go Fish Card Game 2:00 ■ Bingo! 3:00 ■ Nails & Details 4:00 ■ Evening Exercise 	National Ketchup Day 5 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Bible Study with Bay View Baptist 10:30 ■ Posture & Stretch Fitness Class 11:15 ■ Cranium Crunches! 1:00 ■ Driving Around Delmarva 2:00 ■ Musical Guest: Carley Twigg 3:00 ■ Karaoke 3:30 ■ Fun Facts About Ketchup 4:00 ■ Evening Exercise 	D-Day 6 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Upper Body Conditioning 10:30 ■ Word in a Word Game 11:15 ■ Cranium Crunches! 3:00 ■ Walking Group 3:30 ■ Play Ball - Ball Toss 4:00 ■ Evening Exercise 5:00 ■ Movie Night: Groundhog Day (1993) 6:00 ■ Hymn Sing - Musical Guest 	National Chocolate Ice Cream Day 7 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Mind and Body Exercises for Wellness 10:30 ■ Wii Games 11:15 ■ Cranium Crunches! 1:00 ■ Driving Around Delmarva 2:00 ■ Ice Cream Truck Social 3:00 ■ Jewelry With Brittany 4:00 ■ Evening Exercise 	National Dragonfly Day 8 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Lower Body Conditioning 10:30 ■ Parachute Toss 11:15 ■ Cranium Crunches! 12:30 ■ Guess Who?! 1:00 ■ Beaded Dragonfly Craft 2:00 ■ Nails & Details 3:00 ■ Ladder Toss Game 4:00 ■ Evening Exercise
National Strawberry Rhubarb Day 9 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Jazzercise 10:30 ■ Flower Pinecone Craft 11:15 ■ Cranium Crunches! 1:00 ■ Sing Your Praises 2:30 ■ Bingo! 3:00 ■ Walking Group 3:30 ■ Play Ball - Ball Toss 4:00 ■ Evening Exercise 	National Frosted Cookie Day 10 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Driving Around Delmarva 10:30 ■ Balance & Posture Exercise 11:15 ■ Cranium Crunches! 1:00 ■ Lady Bug Rock Craft 2:00 ■ DIY Frosted Animal Cookie Craft 3:00 ■ Balloon Tennis! 4:00 ■ Evening Exercise 	National Making Life Beautiful Day 11 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Get Fit with Britt! 10:30 ■ Parachute Toss 11:15 ■ Cranium Crunches! 1:00 ■ Outdoor Painting: Summer's Day 2:00 ■ Bingo! 3:00 ■ Nails & Details 4:00 ■ Evening Exercise 	National Peanut Butter Cookie Day 12 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Bible Study with Bay View Baptist 10:30 ■ Posture & Stretch Fitness Class 11:15 ■ Cranium Crunches! 1:00 ■ Driving Around Delmarva 2:00 ■ Musical Guest: Mr. Showman 3:00 ■ Karaoke 4:00 ■ Evening Exercise 	National Weed Your Garden Day 13 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Upper Body Conditioning 10:30 ■ Word in a Word Game 11:15 ■ Cranium Crunches! 1:00 ■ Gardening 2:00 ■ Cornhole Toss Game 3:00 ■ Walking Group 3:30 ■ Play Ball - Ball Toss 4:00 ■ Evening Exercise 5:00 ■ Movie Night: Grease (1978) 	National Movie Night 14 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Mind and Body Exercises for Wellness 10:30 ■ Wii Games 11:15 ■ Cranium Crunches! 1:00 ■ Driving Around Delmarva 2:00 ■ What's That Movie? Trivia 2:30 ■ Hangman 3:00 ■ Jewelry With Brittany 4:00 ■ Evening Exercise 5:00 ■ Casablanca (1943) 	National Smile Power Day 15 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Lower Body Conditioning 10:30 ■ Parachute Toss 11:15 ■ Cranium Crunches! 12:30 ■ Operation Board Game 1:00 ■ Flip Flop Summer Wreath Craft 2:00 ■ Nails & Details 3:00 ■ Ladder Toss Game 4:00 ■ Evening Exercise
Father's Day 16 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Jazzercise 10:30 ■ Father's Day M&M Tie Craft! 11:15 ■ Cranium Crunches! 1:00 ■ Sing Your Praises 2:30 ■ Bingo! 3:00 ■ Walking Group 3:30 ■ Balloon Tennis! 3:30 ■ Father's Day Handprint Craft 4:00 ■ Evening Exercise 	National Root Beer Day 17 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Driving Around Delmarva 10:30 ■ Balance & Posture Exercise 11:15 ■ Cranium Crunches! 1:00 ■ Tie Dye Shirts 2:00 ■ Root Beer Float Social 3:00 ■ Kentucky Horse Derby Races 4:00 ■ Evening Exercise 	National Go Fishing Day 18 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Get Fit with Britt! 10:30 ■ Parachute Toss 11:15 ■ Cranium Crunches! 1:00 ■ Seashell Crab Craft 1:30 ■ Horseshoe Toss 2:00 ■ Bingo! 3:00 ■ Nails & Details 4:00 ■ Evening Exercise 	Juneteenth 19 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Bible Study with Bay View Baptist 10:30 ■ Posture & Stretch Fitness Class 11:15 ■ Cranium Crunches! 1:00 ■ Driving Around Delmarva 2:00 ■ Musical Guest: Benny Rosa 3:00 ■ Karaoke 4:00 ■ Evening Exercise 	First Day of Summer 20 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Upper Body Conditioning 10:30 ■ Word in a Word Game 11:15 ■ Cranium Crunches! 1:00 ■ Water Squirt Gun Races 2:00 ■ Summer Picnic in the Courtyard! 3:00 ■ Play Ball - Ball Toss 4:00 ■ Evening Exercise 5:00 ■ Movie Night: Night at the Museum (2006) 6:00 ■ Musical Guest: Peter's Voice 	National Day of the Gong 21 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Mind and Body Exercises for Wellness 10:30 ■ Wii Games 11:15 ■ Cranium Crunches! 1:00 ■ Driving Around Delmarva 2:00 ■ Cooking Demo w/ Chef Mike! 3:00 ■ Jewelry With Brittany 4:00 ■ Evening Exercise 	National Chocolate Eclair Day 22 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Lower Body Conditioning 10:30 ■ Parachute Toss 11:15 ■ Cranium Crunches! 1:00 ■ Nails & Details 2:00 ■ DIY Edible Chocolate Éclair Craft 3:00 ■ Ladder Toss Game 4:00 ■ Evening Exercise
National Hydration Day 23 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Jazzercise 1:00 ■ Sing Your Praises 2:30 ■ Bingo! 4:00 ■ Evening Exercise 	National Pralines Day 24 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Driving Around Delmarva 10:30 ■ Balance & Posture Exercise 11:15 ■ Cranium Crunches! 1:00 ■ Family Feud Game 1:30 ■ Jeopardy 2:00 ■ Giant Jenga! 2:30 ■ Sand Art - Craft 3:00 ■ Gardening 4:00 ■ Evening Exercise 	National Strawberry Parfait Day 25 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Get Fit with Britt! 10:30 ■ Parachute Toss 11:15 ■ Cranium Crunches! 1:00 ■ Bingo! 2:00 ■ DIY Strawberry Parfait Treat 3:00 ■ Nails & Details 4:00 ■ Evening Exercise 	National Chocolate Pudding Day 26 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Bible Study with Bay View Baptist 10:30 ■ Posture & Stretch Fitness Class 11:15 ■ Cranium Crunches! 1:00 ■ Driving Around Delmarva 2:00 ■ Musical Guest: Shortcut Sunny 3:00 ■ Karaoke 4:00 ■ Evening Exercise 	National Sunglasses Day 27 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Upper Body Conditioning 10:30 ■ Word in a Word Game 11:15 ■ Cranium Crunches! 1:00 ■ Bedazzled Sunglasses Craft 2:00 ■ Golfing 3:00 ■ Walking Group 3:30 ■ Play Ball - Ball Toss 4:00 ■ Evening Exercise 5:00 ■ Movie Night: Paulie (1998) 	National Paul Bunyan Day 28 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Mind and Body Exercises for Wellness 10:30 ■ Wii Games 11:15 ■ Cranium Crunches! 1:00 ■ Driving Around Delmarva 2:00 ■ DIY Garden Gnomes 3:00 ■ Jewelry With Brittany 4:00 ■ Evening Exercise 	National Waffle Iron Day 29 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Lower Body Conditioning 10:30 ■ Parachute Toss 11:15 ■ Cranium Crunches! 12:30 ■ Giant Jenga! 1:00 ■ Flower Arrangements 2:00 ■ Nails & Details 3:00 ■ Ladder Toss Game 4:00 ■ Evening Exercise
National Meteor Watch Day 30 <ul style="list-style-type: none"> 9:30 ■ The Daily Chronicle 10:00 ■ Jazzercise 1:00 ■ Sing Your Praises 2:30 ■ Bingo! 4:00 ■ Evening Exercise 						